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LONDON

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Tuesday, February 7,
2012

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DAVID BEBEE/WATERLOO REGION RECORD/TORSTAR NEWS SERVICE



► Emergency crews investigate the scene of a two-vehicle crash on Monday near Hampstead, northeast of Stratford. A crowded passenger van and a flatbed truck collided at the corner of Perth Road 107 and Line 47.

Tragedy strikes near Stratford

► Eleven confirmed dead after flatbed sheared a passenger van in Hampstead

At least 11 people died on Monday in a horrific collision between a flatbed truck and a passenger van near the tiny hamlet of Hampstead.

The collision occurred just before 5 p.m. at an intersection near the small rural community northeast of Stratford.

"It appears that we have 11 persons deceased," Const. Kees Wij-nands of Perth County OPP told the Waterloo Region Record at the scene.

A large white van loaded with people was travelling west when it was broadsided by the flatbed, shearing away the vehicle's entire passenger side and leaving the crumpled wreckage pinned against a nearby farmhouse wall.

Two rows of seats were visible inside the wreck, which left debris strewn across a wide area. Blue and green tarpaulins appeared to be

covering the victims on the ground.

Police say the impact caused the truck to roll over into the yard of a home at the intersection, pushing the passenger van against the side wall of the house. The truck itself came to a rest on its side, resting against a nearby tree.

Police said 10 people in the van were killed, along with the driver of the truck. Three people were taken to hospitals in Stratford and Hamilton. There was no immediate word on their condition or any information about the victims.

OPP Insp. Steve Porter said police believe some of the people in the van were migrant workers.

The crash occurred at the corner of Perth Road 107 and Line 47. Police said the coroner is on the scene and the investigation will continue through the night.

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1
news

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1 Download the free ScanLife app with your smartphone at 2dscan.com

2 Use your smartphone to scan 2D barcodes in Metro

3 The codes will direct your mobile browser to m.metronews.ca

On the web at metronews.ca



London city council is pulling together recommendations for assistance in advance of Ontario's 2012 budget release. More at metronews.ca/london

Follow us on Twitter @themetrolondon

City renews call for EMD worker help

City councillors have again showed their support for Electro-Motive Diesel workers, giving approval Monday to requesting that Ottawa do anything possible to help.

Members of the finance and administration committee also requested that city administrators provide a report about Caterpillars, responsibilities when it comes to decommissioning the Oxford Street East locomotive plant.

The committee discussed the issues after Coun. Denise Brown asked for the feds to be sent a letter urging that: employment-insurance claims from Electro-Motive workers be expedited and EI checks reflect the 34 days employees were locked out.

Committee members supported the idea but took a broader approach with Coun. Nancy Branscombe warning that city officials shouldn't "micromanage" EI claims.

"I think we're treading in things that aren't in our jurisdiction," she said.

Councillors also approved giving workers access to a city report on resources such as utility-bill assistance.

Caterpillar announced the plant's closure on Friday. Representatives from the company and the Canadian Auto Workers are expected to meet this week to discuss terms of a severance package for about 450 union employees.

● ANGELA MULLINS



► Denise Brown

Having. A ball



► Tobin Vanandel, 2, of London crawls through a pile of foam toys Monday at a Childreach play centre in Cherryhill Mall (301 Oxford St. W.). Childreach opened the temporary centre last week in space donated by the mall's owner, Minto Group.

ANGELA MULLINS/METRO

Preschool play place pops up

A temporary play centre in Cherryhill Mall is part of Childreach's POP UP (Preschool Outreach Program Utilizing Play) initiative aimed at catching the attention of people who may not know about early-childhood programs available in the city. Each temporary centre will be open for about a month before moving to a new location. The Cherryhill centre is open from 9 a.m. to 1 p.m. Mondays and Saturdays and 3 to 7 p.m. Thursdays through the end of February.

Forming a foundation

► About 80 people attended meeting sparked by shuttered plant ► Anger about lack of government accountability, people ask how they can fight back



ANGELA MULLINS
@METRONEWS.CA

"Sickened" and "taken advantage of" were among the words Londoners used Monday to describe their feelings about the Electro-Motive Diesel closure.

"I was stunned. I think I still held out a little bit of hope," Brian Gibson, 26, said about hearing the news. "I just felt like, 'Now what?'"

The feelings came to the surface toward the end of a nearly two-hour meeting aimed at rallying behind the locomotive plant's



► Garry Thompson, 58, of London talks about his feelings upon hearing the Electro-Motive Diesel plant was closing.

ANGELA MULLINS/METRO

"Now that we know what people want, (what people) need, we build from there."

GLEN PEARSON, MEMBER OF
CITIZENS PANEL THAT ORGANIZED
ELECTRO-MOTIVE DIESEL MEETING

workers. With parent company Caterpillar's Friday closure announcement still fresh, a citizens panel organized the event to hear workers' needs and figure out how to help.

Many people came forward, offering assistance in fields ranging from human resources to financial planning. The meeting also included discussion about making sure companies

are held accountable to communities in the future.

The event could be the first of several aimed at generating a stronger economy and building a network of support for workers, organizers said.

Feds partly to blame for closing: Premier

ANGELA MULLINS/METRO FILE

Premier Dalton McGuinty is accusing Ottawa of being complicit in the loss of hundreds of jobs at a London, Ont., locomotive plant.

He says foreign companies shouldn't be allowed to take over Canadian factories simply to shut them

down and strip them of their equipment.

McGuinty is calling on Prime Minister Stephen Harper to review what he calls "outdated" investment laws that allow that to happen.

He says the federal Tories have acknowledged that the Investment Canada Act is outdated, but failed to do anything about it.

The company had asked



► Dalton McGuinty

\$5B Amount of record profit Caterpillar reported last week in its quarterly earnings.

its 450 employees to take a 50 per cent pay cut to help keep Electro-Motive going.

The CAW union members rejected the proposal, prompting the company to lock them out Jan. 1.

THE CANADIAN PRESS

News in brief

Raise the roof — buy a toque

HOMELESSNESS CHARITY. Youth Opportunities Unlimited is the local lead agency for the Raising the Roof toque campaign. Stop by The Cornerstone (at Richmond and York) between 11:30 a.m. and 1:30 p.m. for their Toque Tuesday Celebration.

Toques are \$10. ● METRO

Get Rockin'

BENEFIT CONCERT. The second annual Rockin' for Kids in Memory of Tommy Jr. will be held Feb. 19 from 4 to 8 p.m. at the Dawghouse Pub. This year's benefit features Tommy Solo, Bill Durst and Sabbath only Sabbath. Tickets are \$20 at the door; \$15 in advance, at Dawghouse or through Tom Carriere on Facebook. ● METRO

Ivey. Park



► Melissa South, 22, of London takes a spin Monday in Ivey Park. City parks saw a surge of activity during the afternoon, with fitness enthusiasts and people seeking a bit of fun on a day of record-setting warmth. AM980/am980.ca reported the temperature hit 7.3 C at the London International Airport at 3 p.m., topping the previous Feb. 6 record of 6.7 C, set in 1946. But the blast of spring isn't expected to last long — Environment Canada is calling for a chance of flurries and a high of 0 C Tuesday.

ANGELA MULLINS/METRO

Record weather brings out sun seekers

Airport to be 'aggressive' in pursuing growth: CEO

- Mike Seabrook takes over from the retiring Steve Baker on May 1
- Seasonal routes to Florida and U.K. flights among long-term goals



JIM REYNO
@METRONEWS.CA

Everything's paved and prepped, now it's time to preach to the airline world about the YXU.

"We've spent a lot of effort and time over the last 10 years in developing our facilities, and they're in good shape now," said Mike Seabrook, incoming CEO of the London International Airport. "Our terminal building has been expanded twice, our runways and taxiways and the whole airside part of our business is in good shape, and we've got good cargo facilities now."

"We have the foundation for growth."

That's three-pronged growth: Develop the land



"We're certainly going in the right direction. The passenger numbers are up, we've got more destinations and we're going to continue that. It's success that leads to further success, and we've started the ball rolling in the right direction." MIKE SEABROOK, INCOMING CEO

around the airport, add cargo-courier business and "develop the passenger side of our business."

In other words, more travel options for Forest City jet-setters.

"Within Canada, we'd like to get a bit more Ottawa, Montreal, Halifax and Vancouver," Seabrook said about the airport authority's long-term goals. "To the U.S., we'd like to get one in the New York area, both as a destination

and for connecting traffic. New York is always huge for a lot of markets."

Seabrook also says he'd like to add an additional U.S. carrier to compete with United.

Outside of regular maintenance money needed for the airport, Seabrook says there are no major expenditures needed. So that means more money for marketing.

"We've got the foundation established here," said

Seabrook. "Now we've just got to make sure we're aggressive and get out there to the airlines and convince them of the opportunity that's here in our market."

Seabrook, who has 21 years of air-transportation experience, was born and raised in London and has an MBA from the Ivey School of Business.

Before his senior management positions at London International Airport, Seabrook worked as a marketing manager for 3M Canada, where he developed sales and marketing plans, among other duties.

Outgoing

► Steve Baker has led the airport authority since 1998.

Lightning's Spears earns weekly honour

LIGHTNINGBASKETBALL.CA



► Shamari Spears

Shamari Spears is the second member of the London Lightning to be named National Basketball League of Canada player of the week.

Spears, a six-foot-six forward from Charlotte, N.C., averaged 26.5 points per game in two contests this past week, and was instrumental in helping the London Lightning earn an NBL playoff berth.

London's Gabe Freeman has been named player of the week twice this season. Freeman, who injured his ankle in Sunday's game against the Oshawa Power, is expected to miss Thursday's game in Summerside

3 The number of times a London Lightning player has been named National Basketball League of Canada player of the week.

but return to the lineup Feb. 16 as Saint John visits the JLC. ● METRO

Firefighters look to return to table

The London Professional Firefighters Association hopes the new contract for city police is the start of a trend.

Fire officials are hopeful they'll be next to agree to a new deal and avoid arbitration. Talks with the city broke down last year, but it wasn't just a disagreement over wages and benefits, and

the two sides haven't negotiated since.

According to the union, the city's bargaining team at that time was also looking for alterations to the concept of 24-hour shifts — and had recommended returning to a traditional eight-hour shift.

Jim Holmes, head of the Professional Firefighters Association, says they're open for discussion anytime.

The last contract for London firefighters gave them a seven per cent increase over three years.

AM980/AM980.CA

Teens saved after raft drifts out

Two male teens from southwestern Ontario were rescued by the U.S Coast Guard Monday after a duck-hunting raft they were on drifted out onto Lake Erie.

Provincial police say the 17- and 18-year-olds used a cellphone to call for help around 4:30 a.m.

They did not have life-jackets, protective water suits or any means to direct the raft back to shore after drifting away from Shrewsbury. Police say they were taken to Chatham for treatment of hypothermia.

THE CANADIAN PRESS

Show your support for Woodfield

Think London's Woodfield neighbourhood is great? Now's your chance to prove it.

The area between Richmond, Dundas and Adelaide streets, as well as the Canadian Pacific Railway tracks to the north, has been nominated for a Great Places in Canada award.

Votes will be accepted online through Feb. 29 at cip-icu.ca/greatplaces.

● METRO



For more news, visit metronews.ca/london

Queen marks 60 years on throne



▶ Gov. Gen. David Johnston presents the Diamond Jubilee Medal to Canadian Olympic gold medalist Alexandre Bilodeau as Prime Minister Stephen Harper looks on during the inaugural presentation ceremony.

SERVICE 'SO EXEMPLIFIED BY HER MAJESTY'

Canada kicked off celebrations with the presentation of 60 Diamond Jubilee medals.

- ▶ Gov. Gen. David Johnston and Prime Minister Stephen Harper presented the medals at a ceremony at Rideau Hall.
- ▶ About 60,000 Canadians are to receive the medal

this year, in recognition of their work in their communities.

- ▶ Recipients come from all walks of life.
- ▶ But one province was overlooked at the ceremony: Newfoundland and Labrador. There were recipients from every other province and territory.

▶ Monarch praised for quiet sense of duty ▶ Global accolades pouring in

Tributes poured in to Queen Elizabeth II on Monday as she marked her Diamond Jubilee with a message vowing to continue serving the British people.

Dressed in a Tiffany-blue hat and colourful overcoat against the winter cold, she was greeted by well-wishers in the snow-covered town of King's Lynn at an event planned to mark Accession Day, the anniversary of the day she became queen in 1952.

"I love that the monarchy is above politics and feel that the queen represents that best of all," said Laura Skrzynski, a long-time admirer of Elizabeth who joined the crowd of about 150 people applauding the queen's arrival. "She stands for integrity and respect, and I am in-



▶ Queen Elizabeth II is greeted by wellwishers during a visit to Kings Lynn Town Hall in Norfolk, England, Monday.

spired by her faith. She has been a constant through all our lives."

Accession Day is usually marked quietly because it also marks the anniversary

of the death of Elizabeth's father, King George VI. But it drew extra attention this year because of the milestone celebration.

THE ASSOCIATED PRESS

\$7.5M Ottawa has pledged \$7.5 million to help fund four months' worth of commemorative activities.

Judge finds Calgary man guilty of assaulting former roommate

They met in Winnipeg, two young men eager to head to Calgary with a dream of making money in a business of their own.

But within just a few years, the partnership turned twisted and one of them was found dumped near death at a Regina hospital, badly emaciated, bruised, broken and bleeding, his lower lip nearly gone.

On Monday, the other was convicted of aggravated assault and sexual assault. Justice Sheilah Martin ruled Dustin Paxton, 32, had abused and starved his former roommate on a regular basis, though she acquitted him on a charge of forcible confinement.

Martin said there was overwhelming evidence that Paxton abused the man, who cannot be named because of a court order. She said the victim could not consent to being a "whipping post."

"He treated the victim as his personal servant or bitch," Martin said in her

verdict Monday. "I find there is evidence of wounding, maiming, disfiguring and his life was in danger on two occasions."

She said she believed the victim, who testified that he performed sex acts on Paxton to appease him: "He used sex as a further weapon of assault."

But she said the victim was allowed to go to work every day and had freedom of movement, meaning Paxton could not be convicted of holding the man against his will.

Paxton grew visibly upset and shook his head as the sexual-assault verdict was rendered.

The 28-year-old victim testified that he was starved, humiliated and beaten on an almost daily basis.

He told court he took the abuse because he didn't want to look like "a sissy" and had dreams of making big money in the business he and Paxton started.

"I was in survival mode," the man said in his

CALGARY POLICE HANDOUT/THE CANADIAN PRESS



▶ Dustin Paxton

testimony. "I would do anything not to get beaten."

He said the attacks would happen over the smallest things, such as leftovers in the fridge.

"I was beat up with a two-by-four that broke every one of my ribs and ruptured my bowel. He probably hit me 25 times. He was hitting me in all different ways. I was standing there and I had to let him hit me."

"I got too many punches in the face. My lips would

get cut on my own teeth until there was nothing left of them."

He ended up in hospital in Calgary with a cracked skull and a crushed eye socket. Hospital staff were told a pizza oven had fallen on him.

The pair eventually shut down their Calgary business and started moving from motel to motel until they ended up in Regina.

Neighbours there testified they called 911 after hearing screaming, thumping and loud noises from Paxton's apartment.

The defence argued that the man was not tied up or locked in his room and could have left at any time.

The Crown countered with Kris Mohandie, a U.S.-based human captivity expert, who told court the man reacted like an abused pet or battered spouse and simply could not flee the relationship.

The judge also found Paxton guilty of assault on another man, a former employee.

THE CANADIAN PRESS

MP moves to reopen abortion debate

A backbench Tory MP is asking Parliament to study whether Canada's definition of a human being, which refers to birth, needs to be pushed back to include life in the womb.

Stephen Woodworth, a pro-life member representing Kitchener Centre, said today he has filed a motion in the House of Commons asking for a committee to study the issue.

Woodworth wants

Canada to throw out its 400-year-old definition of a human being as someone who is born, saying medical evidence has shown that human beings are created sometime before birth.

Justice Minister Rob Nicholson immediately played down the move, saying the "prime minister has been very clear: our government will not reopen this debate."

THE CANADIAN PRESS

'Diefen-baby' determined to prove who father was

A man who believes former prime minister John Diefenbaker may have been his father has turned up some new leads in his paternity search.

George Dryden says he was contacted by a woman who also believes Diefenbaker may be her father and started making inquiries in 1977.

He says she told him she was then visited by an RCMP agent who was "very

concerned" about a nine-year-old boy Diefenbaker had just met and thought might be his illegitimate son.

Dryden says he met Diefenbaker in 1977 at a function on Parliament Hill that he attended with his mother — when he was nine years old.

Canada's 13th prime minister had no known children.

THE CANADIAN PRESS

Fake ceremony may have violated privacy

► Immigration office called 300 new citizens to take part in broadcast ► They declined — had to work: E-mail

The personal information of hundreds of new Canadians might have been misused during the planning of a citizenship ceremony televised on the Sun News network, say privacy and immigrant advocates.

Bureaucrats at Citizenship and Immigration Canada were directed by Minister Jason Kenney's office last fall to organize a citizenship reaffirmation ceremony at the station in Toronto on short notice.

A civil servant wound up drafting six fellow employees to pose as new Canadians when not enough newly naturalized Canadians showed up for the shoot.

But before that happened, Kenney's office

Possible breach

- Retired colonel Michel Drapeau, an Ottawa-based lawyer who specializes in access-to-information and privacy issues, said there appears to have been a breach of the Privacy Act.
- One section says personal data under the control of a government institution shouldn't be used "except for the purpose for which the information was obtained or compiled by the institution."
- There are exceptions, but none refer to promotional or media activities.

asked that the department find 10 TV candidates. "(Minister's office) is

wondering whether Department would be able to solicit interest amongst 10 new Canadians to proceed to the Sun studio to simply reaffirm their citizenship," wrote Alexandra Hiles, a departmental liaison within Kenney's office.

Departmental staff in Toronto began calling "clients" of the department or, in other words, people who had a citizenship file with the feds. The records suggest that names were provided to communications staff of the department who do not process citizenship applications.

"Manny and I have been calling clients all morning," wrote one supervisor at a Toronto departmental office. **THE CANADIAN PRESS**

Harper won't pull ambassador from Syria

The official Opposition wants Canada's ambassador recalled from Syria, but the government says he will stay in the besieged country to blast President Bashar Assad for his attacks on domestic dissenters.

NDP foreign-affairs critic Hélène Laverdière urged the government to recall the envoy because she said it would send a strong message to Assad, who has waged a bloody 11-month crackdown on dissent in his country that has left thousands dead. A Syrian-government military offensive against people in the city of Homs has entered its third day.

The Obama administration closed the U.S. embassy in Damascus on Monday and recalled all diplomatic staff.

THE CANADIAN PRESS

KILL TRAP NOT USED IN BEAVER DEATHS: OFFICIAL



► A beaver seen in Ottawa, left, and traps a resident found in the same area.

A Parks Canada official says two beavers that built a lodge near a wharf at the Hogs Back locks in Ottawa were accidentally killed when rising water levels drowned them inside a live trap.

Irv Mazurkiewicz, director of canal operations for the Rideau Canal, said Parks Canada and the National Capital Commission received complaints over the past month from homeowners about beavers felling trees near

their property.

He said Parks Canada hired a licensed trapper with the Ministry of Natural Resources who is experienced with trapping beavers in urban areas.

Area resident Jenni Meldrum claimed she saw kill traps at the site when she walked her dog on Tuesday, but Mazurkiewicz said that is not true.

"It was not a snare trap," said Mazurkiewicz.

● **JOE LOFARO IN OTTAWA**

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Scarborough Town Centre
Seaway Mall
Sheppard Centre
Sherway Gardens
Square One
Station Mall
Stone Road Mall

Tecumseh Mall
The Promenade
Toronto Eaton Centre
Union Station
Upper Canada Mall
Vaughan Mills
White Oaks Mall
Woodbine Centre
Yorkdale Mall

Canada slipping from top economic spot: Analysts

- Economists expect U.S. economic growth to outpace Canada's in 2012
- Employment in U.S. has been rising twice as sharply as that in Canada



► People wait to talk with potential employers at a job fair sponsored by National Career Fairs in New York last December. Month by month, the U.S. job market is regaining its health.

It's going to get harder for Prime Minister Harper and his ministers to keep boasting that Canada is No. 1 among economic rivals.

As the year unfolds, analysts say it will become increasingly apparent that Canada no longer leads the G7 in economic growth and job creation.

And as unlikely as it seems, it's the United States — the land of crippling trade deficits, high unemployment and government debt — that's likely to relegate Canada to second place, if not third behind Germany.

The U.S. is likely to beat out Canada in economic growth this year and leave its northern neighbour at the starting gate in terms of jobs creation.

On many fronts, the switch has already begun.

Last week's employment reports from both capitals is the most graphic example. The score was 2,300 jobs added in Canada in January versus 243,000 in the U.S. Even after allowing for the fact that Canada is one-tenth the size of the U.S., that's more than 10 times more jobs created in relative terms.

The trend on the jobs front has been going on for some time. Despite all the bad news emanating from south of the border, employment has been rising in the U.S. at twice the rate in Canada for a year, 1.5 per cent as opposed to 0.7 per cent in Canada.

Many economists expect U.S. economic growth as a

"We are going into a period of catch-up where it looks like the U.S. is doing better because they will be growing faster, on the jobs front perhaps most starkly."

DOUGLAS PORTER, DEPUTY CHIEF ECONOMIST, BANK OF MONTREAL

whole to outpace Canada's in 2012 as well, for the first time in seven years.

In the fourth quarter of 2011, the U.S. posted a gross domestic product expansion of 2.8 per cent, while Canada's is now projected to come in at 1.5 per cent when the final tally from Statistic Canada is

published at the end of the month.

All this will make messaging from Canada's federal government more difficult, after years of declaring proudly and with some justification that Canada has led the major advanced economies in growth and job creation.

In the House of Commons on Monday, Finance Minister Jim Flaherty stuck to the familiar script when under attack for Canada's lacklustre job creation of late.

"There are more than 610,000 net new jobs in this country since the end of the recession in July 2009," he told his tormentors during question period.

THE CANADIAN PRESS

ZRailway legend assures he can turn CP around

ALVARO BARRIENTOS/THE ASSOCIATED PRESS



► Hunter Harrison

Railroad legend Hunter Harrison promises he won't disappoint if Canadian Pacific Railway Ltd. shareholders grant him the chance to end his retirement and head up an overhaul of the struggling railroad.

But the 67-year-old former CEO of rival Canadian National Railway also pledges his "no excuses" crackdown on efficiency wouldn't mean slashing costs or massive job cuts.

In a town-hall meeting in Toronto on Monday hosted by Pershing Square — the hedge fund calling for a shakeup at the railway — Harrison said shareholders need to re-evaluate CP's strategy, as well as its cur-

rent management, who appear to be confused as to "what they really want to do and accomplish."

Bill Ackman, head of the Pershing Square activist fund that holds a 14.2 per cent stake in CP, believes current CEO Fred Green is the wrong man for the job, and endorses handing the reins to Harrison.

THE CANADIAN PRESS

PUBLISHING

Amazon to pilot retail

A pair of industry bloggers are reporting that Amazon.com is about to open a brick-and-mortar store in Seattle to test the waters for a retail launch.

Amazon recently launched its own publishing arm, Amazon Exclusives, but Indigo in Canada and Barnes & Noble in the U.S. have refused to carry their

books.

Michael Kozlowski, editor-in-chief of Good e-Reader, quoted "Amazon sources close to the situation" as saying the store would concentrate on "books from their growing line of Amazon Exclusives" as well as e-readers and tablets.

"Based on Amazon's continued push for exclusivity with publishers, agents and authors, Indigo will not stock Amazon-published titles in store," explained spokeswoman Janet Eger of Indigo Books and Music Inc. TORSTAR NEWS SERVICE

Snow village set for Saudi Mall

Dubai's famed indoor ski slope is about to get some Gulf competition. Saudi developers say they plan a "snow village" inside a new mall in Riyadh.

A statement on company websites Monday says the latest snow-in-the-desert attraction will be part of an entertainment area in the mall, which is scheduled to be opened later this year in the Saudi capital.

Developer Al Othaim Investment and Real Estate Development Co. gave no further details about the planned site.

The mall is built by Saudi construction giant Dar Al Arkan. THE ASSOCIATED PRESS

India challenges Internet giants

Google India has removed web pages deemed offensive to Indian political and religious leaders to comply with a court case that has raised censorship fears in the world's largest democracy, media reported Mon-

day. The action follows weeks of intense government pressure for 22 Internet giants to remove photographs, videos or text considered "anti-religious" or "anti-social." A New Delhi court

gave Facebook, Google, YouTube and Blogspot and the other sites two weeks to present further plans for policing their networks, according to the Press Trust of India. Google India did not say

100M^{With} more than 100 million Internet users in India, the government says U.S. Internet standards are not acceptable.

which sites were removed. THE ASSOCIATED PRESS

Market moment

TSX	Dollar
- 17.44 (12,559.85)	- 0.19¢ (100.45¢ US)
Oil	Natural gas
- 0.93¢ US (\$96.91 US)	\$2.55 US (+ 5¢ US)
	Gold
	\$1,724.90 US (- \$15.40 US)

HOW MUCH DO MARKS MATTER?

SHE SAYS ...

JESSICA NAPIER
METRO



exclusively on grades. All applicants will be required to complete a supplementary questionnaire about their extracurricular activities and life experiences outside of the classroom.

The reasoning behind this decision is that the leaders of tomorrow (and source of future alumni donations) need to have interpersonal skills, not just book smarts, in order to succeed. Because we all know that, once you graduate, being able to network is far more important than knowing stuff.

As a closeted academic who still dreams of going back to school to do a PhD the way other people dream about early retirement, my initial reaction to this decision was one of total horror.

The University of British Columbia recently announced that starting in the 2012-2013 academic year admission to the institution would no longer be dependent

During my postgrad days I worked as a teaching assistant for an undergraduate marketing class. With every assignment I graded, I became more and more concerned about the lack of basic writing skills among the student body. I encountered so many spelling mistakes and grammatical errors that I began to question how some students had even managed to pass a high school English course. With this in mind, the last thing we need is for universities to begin experimenting with lowering their admission standards in the name of well-roundedness.

On the other hand, a culture of grade-chasing over-achievers doesn't allow for the type of creative minds that we need in academia, business, the arts, medicine, law and so on. Perhaps the move to a more holistic set of admission requirements isn't about "dumbing down" post-secondary education, but about encouraging a student population that is more intellectually, socially and emotionally diverse."

business, the arts, medicine, law and so on. Perhaps the move to a more holistic set of admission requirements isn't about "dumbing down" post-secondary education, but about encouraging a student population that is more intellectually, socially and emotionally diverse. Then again, I'm not sure when being "smart" and being "sociable, physically active, compassionate, etc." became mutually exclusive.

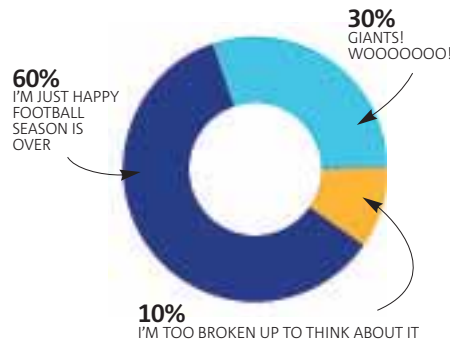
I don't believe we should judge students on how well they can recite textbooks verbatim and memorize formulas. We should look at university as a place for breeding critical thinking and intellectual curiosity. Not only that, they are places for personal growth, blossoming independence and cultivating all those basic life skills you didn't figure out back when your parents were doing your laundry and cooking your meals.

That said, universities aren't grownup summer camps and they shouldn't be treated as such. More than anything, those four years are about higher education, and if you don't have the marks to get there how are you going to get the marks to stay there?



Register at
metropolitanpanel.ca
and take the quick poll

So how about that game on Sunday?



Local tweets



►@Jeffstinky61: It's Feb 6th and I am going for a #motorcycle

ride!!! #ldnont #thamesford #spring

►@Phronk: Just eating a bacon breakfast sandwich, here in #LdnOnt, the city of baconunity. #bacon

►@GlenPearson: A very special thank you to @edjackman for suggesting tonight's meeting of the Citizen's Panel. That's leadership. #ldnont #emd

►@_CityMom: Super impressed w/ Marks Work Warehouse #ldnont They've stopped selling Caterpillar

boots! Way to support our community!!

►@nikkipilo: why fire drills are necessary at 10:30am on a monday is beyond me. love you too weldon. #westernu

►@ashleyemcguire: Today is an absolutely beautiful day! is the @uswavespoke patio opened yet? #wishfulthinking #westernu

►@BrynJone: Woke up to a limo with no license plates parked behind my apartment building this morning. #ldnont #wtw

►@thesocialdragon: #ldnont enjoy your lunch by stepping outside even for just a moment. Bring your sunglasses because Mother Nature is spoiling us today.

KEVIN FRAYER/THE ASSOCIATED PRESS

Daily Zoom

Water, water everywhere



J-stroking it

An Indian man paddles a raft to a concrete island, meant to be part of an overpass construction project but now derelict, as he searches for items to salvage in the holy River Yamuna in New Delhi on Monday. **THE ASSOCIATED PRESS**

Drying up

► Environmentalists say only 30 per cent of Yamuna's original river bed is left today. In 1962, the full river bed was visible in areas such as north Delhi, east Delhi and Noida, according to the Deccan Herald.

Nor any drop to drink

The Yamuna is one of the world's most polluted rivers while supplying more than 60 per cent of the water needed by the Delhi region.

THE ASSOCIATED PRESS

400X The level of total coliforms like fecal bacteria, which indicate presence of disease-causing bacteria in the water, are 400 times higher in New Delhi compared to tests performed upstream, a report says.



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Vowing to stay true to roles

► Rising actor Channing Tatum initially turned down the lead in new romantic drama

NED EHRBAR
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METRO WORLD NEWS IN LOS ANGELES

Director Michael Sucsy isn't afraid to admit that Channing Tatum initially passed on his lead role in *The Vow*, his new romantic drama based on a true story co-starring Rachel McAdams.

The film follows Leo and Paige, a couple trying to rebuild their relationship after a car accident robs Paige of her memories — including those of her husband. So what was so wrong with the project, according to Tatum?

"When I read the first version of the script, it felt like Leo was just too great. He was too good, too perfect. He was so understanding that I didn't believe him as a real person," Tatum says, adding that he had trouble connecting with the character. "I wish I could say I'd be that understanding," he says. "I think it would be more frustrating."

So how did Sucsy lure his leading man back to the project? Having McAdams on board didn't hurt.

"As soon as I heard that she was on it, I was like, 'I'm in,'" Tatum admits — but first they had to make some changes to his character.

"We tried to put more frustration in there," he says. "I think you would have to swallow so much, and that's what we were trying to do with Leo. I even wish we'd have went a little step further with it, but I



► Actor Channing Tatum, left, stars with Rachel McAdams in *The Vow*, based on the real-life story of a couple trying to rebuild their relationship after a car accident robs the wife of her memories.

think it might've been too heavy."

Of course, they could always refer back to Kim and Krickitt Carpenter, the real-life couple on whose story *The Vow* is based.

But the Carpenters made Tatum more nervous than anything else: "I was worried. I was nervous to meet [Krickitt] because I didn't want him to hate what I was doing with their story," he says. "But they were so positive. I think they were just so thankful that their story was going to be out there — or a version of it."

Speaking of real-life situ-

ations, part of Tatum's own life will be hitting theatres later this year with Stephen Soderbergh's *Magic Mike*, which the actor co-wrote, focusing on a particularly revealing part of his young life.

"I was a stripper for about eight months between 18 and 19 years of age in Florida," Tatum says. "It's a part of my life that I'm not so proud of, but I'm not ashamed of it. If anything, I will stand by it because it was one of the most pivotal parts of my entire life. It was crazy."

It's also the kind of personal history most A-list

stars would try to cover up — something Tatum admits he was pressured to do at first.

"[My publicist] was like, 'No no no, we're not saying anything about it,'" he says. "I'm like, 'Look, it's going to come out, I'm telling you. We should just say it, because I'm not ashamed of it. I'm telling you we should talk about this because I think it's hilarious, and I'm not afraid to talk about it.' I will tell you, though, after the film comes out I will never talk about it again. I'll be like, 'Enough said, watch the movie.'"

Ad advantage

- An acting career — and a clearly successful one at that — likely wouldn't have happened for Channing Tatum if it hadn't been for one visionary director.
- "I just fell into this Pepsi commercial that was directed by [renowned Indian director] Tarsem, and it was such a fun experience," Tatum says. "It was one of those moments when I was like, 'Oh my God, this is everything I've ever wanted to do.'"

NFL, NBC sorry for M.I.A. gesture

Performing with Madonna on their new single *Give Me All Your Luv* during the halftime show at Super Bowl XLVI, singer M.I.A. faced the camera and held up a middle finger Sunday night.

The gesture instantly lit up Twitter, with some wondering if it would become this year's "wardrobe malfunction."

NBC, the network that aired the game, said in

a statement: "We apologize for the inappropriate gesture that aired during halftime. It was a spontaneous gesture that our delay system caught late."

The National Football League, although in charge of the content of the show, blamed the network for not catching and censoring it.

"There was a failure in NBC's delay system," the

league said.

"The obscene gesture in the performance was completely inappropriate, very disappointing, and we apologize to our fans," said Brian McCarthy, spokesman for the NFL, which produced the show.

M.I.A. also may have said "I don't give a s***," but it was hard to hear. The singer has a long history of provocation, both onstage and on her al-

bums, but who knew she'd out-controversy Madonna? It was the first rude halftime show gesture since 2004, when Janet Jackson's breast was exposed.

In that case, the television network was fined \$550,000 for indecency by the Federal Communications Commission. Only last year did they win an appeal.

● METRO

2
scene

Ellen's in



JC Penney continues to support their decision for hiring Ellen DeGeneres as the spokesperson despite an outcry from the One Million Moms group.

One Million Moms, a project of the American Family Association, is arguing that because DeGeneres is gay, JC Penney is not presenting the image of a family-friendly store.

The organization insists that JC Penney should "replace Ellen DeGeneres as their new spokesperson immediately and remain neutral in the culture war."

What do you think? By supporting an openly gay woman, is JC Penney taking sides in the "culture war"? Or are they just supporting a popular comedian?

METRO



Best new artist Grammy nominee J. Cole has gold album, platinum single, but wants more



► M.I.A.

How The Artist learned to tap dance

► ...and how Michelle turned into Marilyn, and Rooney got that tattoo
► We found out how this year's Academy Awards nominees morphed into their on-screen characters



► From left: Dance coach Ruiz, Dujardin and Bejo

JEAN DUJARDIN
(Best Actor)
BÉRÉNICE BEJO
(Best Supporting Actress)

► **MOVIE:** The Artist

► **THE CHALLENGE:** Choreographer and tap dance coach Fabien Ruiz had to get the leading actors to dance like Fred Astaire and Ginger Rogers in this silent ode to classic cinema. He admits that training Dujardin and Bejo involved a lot of sweating: "Neither of them knew how to dance and, honestly, no one is naturally amazing at tap dancing," he tells Metro. Eight months before filming began, Bejo was training two hours a day, five days a week. Dujardin started a few months after, doing two hours a day, three to four times a week. They took separate lessons until they were at the same level and good enough to learn the choreographies. "Mastering the technique was easy. The hard part was making it look effortless and graceful on camera," says Ruiz. Another challenge: Bejo is petite, while Dujardin is muscular. "Physically they were on opposite ends of the spectrum. Jean worked on his lightness of step and Bérénice focused on grounding her power." The result grounds this fine romance.



MICHELLE WILLIAMS
(Best Actress)

► **MOVIE:** My Week with Marilyn

► **THE CHALLENGE:** Naturally petite Williams admitted to Vogue magazine that most of the weight she gained to embody Monroe didn't enhance her lower body but instead went straight to her face, forcing her to pad her hips in order to create a more voluptuous figure. To help her re-enact Monroe's iconic wiggle, a crucial characteristic both when she walked and danced, she worked with movement coach Jane Gibson of theatre company Cheek by Jowl.



JESSICA CHASTAIN
(Best Supporting Actress)

► **MOVIE:** The Help

► **THE CHALLENGE:** Her role as housewife Celia Foote required Chastain to gain 15 pounds worth of curve overspill. She revealed that binging on soy ice cream helped soften up her figure: "Soy helps you become curvy because it has estrogen in it. I'd microwave it and drink it straight from the carton." She lost it thanks to her regular vegan diet and yoga.



MERYL STREEP
(Best Actress)

► **MOVIE:** The Iron Lady

► **THE CHALLENGE:** When Margaret Thatcher, the one-time Prime Minister of Great Britain, decided to throw herself into politics, she consulted a vocal coach to correct her 'screeching' pitch. Naturally, Streep did the same, seeking out top voice coach Jill McCullough. Together they worked on her vocal stamina, which, according to Streep, came from a place difficult to locate, "somewhere below and behind her diaphragm." It worked: She's now the frontrunner for the Academy Award.



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METRO WORLD NEWS IN LONDON

Special mention

BRAD PITT
(Best Actor)

► **MOVIE:** Moneyball
► Physically, he didn't need to change much but we're adding him anyway. After all, the man did manage to make a cane look cool on the red carpet.



► Pitt



ROONEY MARA
(Best Actress)

► **MOVIE:** The Girl With the Dragon Tattoo

► **THE CHALLENGE:** To get under the skin of Steig Larsson's slim and tough heroine, Lisbeth Salander, Mara chopped off her hair into jagged bangs, shaved her eyebrows, and got her lip, brow, nose, ears and nipple pierced. To mimic Salander's edgy attitude and boyish stance, she took up kick boxing, skate boarding and learned how to ride a motorcycle. The dragon tattoo however, was not a permanent etching. It had to be applied daily, after hours in the make-up chair.

Katy Perry and Tim Tebow... a match made in heaven?

► Newly single singer dedicates a song to the football player at a pre-Super Bowl party ► Perry's parents want a 'good Christian' man for their daughter

THE WORD

DOROTHY ROBINSON
SCENE@METRONEWS.CA



Katy Perry made her first U.S. concert appearance since husband Russell Brand filed for di-

voice, playing a pre-Super Bowl party in Indianapolis, according to People magazine.

And while she made no mention of Brand, she did apparently have another guy on her mind: "This one goes out to Tim Tebow," she said before playing her song Peacock. It was previously re-

ported that Perry's religious parents were eager to set their newly single daughter up with the football player because "above all, he's a good Christian."

If you need a rebound who is the exact opposite of your soon-to-be ex-husband, Tim Tebow is probably it.



► Katy Perry



► Tim Tebow — doing what he does best.

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Pitt and Clooney love to one up each other

Brad Pitt wants to make it clear that he fired the first shot in his ongoing practical joke war with pal George Clooney, claiming an elaborate joke during filming of Ocean's Twelve marked the beginning of hostilities.

"I sent a memo to the entire Italian crew, in Italian, that said, 'Dear Crew: We wish you a wonderful shoot. George Clooney asks that, this is a very dif-

ficult role for him. He needs to concentrate deeply," Pitt explains during an Inside the Actor's Studio interview.

"Mr. Clooney asks that you try not to interrupt him, look him in the eye. If you do need to address Mr. Clooney, please refer to him only as 'Daniel' or 'Mr. Ocean.'"

It went on for two weeks. He handled it gracefully, but he was be-

coming unnerved, I think."

And what about Clooney's recent promises for a new, even bigger prank he plans to pull on Pitt?

The Moneyball star says he's got his retaliation move ready to go.

"Whatever he's got, this is uglier. It's so bad, I don't even know if I can do it," Pitt says.

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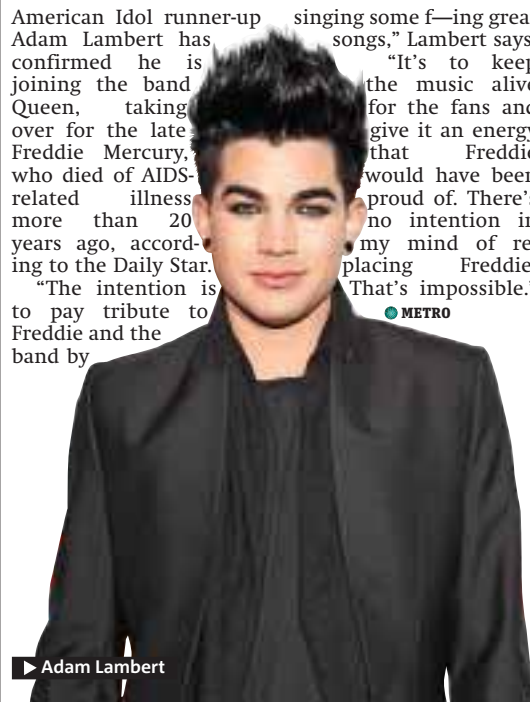


► Brad Pitt

Lambert set to replace Mercury

American Idol runner-up Adam Lambert has confirmed he is joining the band Queen, taking over for the late Freddie Mercury, who died of AIDS-related illness more than 20 years ago, according to the Daily Star. "The intention is to pay tribute to Freddie and the band by singing some f—ing great songs," Lambert says. "It's to keep the music alive for the fans and give it an energy that Freddie would have been proud of. There's no intention in my mind of replacing Freddie. That's impossible."

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► Adam Lambert

Celebrity tweets



Dear London, my fingertips are freezing....bbbrrrrrRR



@kylieinogogue

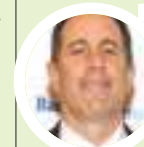


@NathanFillion

When singing Happy Birthday, start low. It's a high song, and starting too high guarantees it'll sound like no one cares.

@lindsaylohan

419 Venice way is on the market!! Anyone looking in Venice should see it AS-AP because offers are coming in :)



@JerrySeinfeld

The Chocolate Pop Tart was an act of Kellogg's terrorism.

#Justwrong

Harrelson jumps into hot water

Woody Harrelson got off on the wrong foot with some online fans when he participated in an Ask Me Anything chat session with Web forum Reddit — but then tried to keep the conversation about his new movie, Rampart, and citing his time being "valuable" as the reason for the focus.

"This isn't The Tonight Show and I'm not buying your bulls—," one chat participant snapped back. "It



► Woody Harrelson

was too bad you couldn't just open up to your fans with honest answers instead of peddling your latest movie. Oh well, I'll just assume some clueless PR person convinced you to do this (assuming this is even you)." ● METRO

3
life

Get more Karl



Want more Karl Lagerfeld? Visit metronews.ca to read about some of the fashion legend's muses, including Florence Welch, Edgar Ramirez and Azealia Banks.

Lagerfeld also gives us a look inside his personal office, and provides an insider's guide to his home base, Paris.

You can also watch Lagerfeld as he spends a day in our Metro Paris office, where he acted as guest editor-in-chief for a day.

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Scan this code for more Karl Lagerfeld content, or visit us at metronews.ca/karl

The last great couturier

► Iconic designer Karl Lagerfeld refuses to be defined ► Now 73, he drinks Diet Coke, quotes Percy Bysshe Shelley and, with two new lines, still makes women clamour for his clothes



KENYA HUNT
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METRO WORLD NEWS IN LONDON

It's 5 p.m., and Karl Lagerfeld was due to arrive at 3:30 p.m. So his press team and I, sitting in his private office on Paris' Left Bank, munch on Magnum Ice Cream bars, a brand for which he's directed commercials.

A staffer offers me a pink bottle of Diet Coke emblazoned with a miniature ponytailed Lagerfeld and designed by the man himself. I pour the soda into a sleek, cube-shaped Orrefors glass created by, you guessed it, and then sip my drink underneath a giant crystal antique chandelier.

Finally, Lagerfeld arrives looking impenetrable in dark glasses and leather, but he has the sniffles. Welcome to Karl's world, a contradictory mixture of the old-fashioned and thoroughly modern, the rarefied and the mass market, the untouchable and surprisingly vulnerable.

You're about to re-launch your Karl Lagerfeld brand as two collections, both of which will be sold online and one of which is very affordable. Why now?

These days, it's much easier to use decent fabrics for not so much money. Really great. When I did H&M, which was already seven years ago — I cannot believe it — I had a kind of appeal for people who buy inexpensive.

I don't say cheap because people are cheap, but clothes are not supposed to be cheap — they are supposed to be well designed and not expensive.

There's a very big difference, ah? So [the Karl Lagerfeld launch] has the top and the top of the expensive. I don't say low because there is nothing low.

When I did H&M, everyone said don't do it. And it worked. When I took over Chanel, everyone said to me, don't do it, it's dead, it doesn't work. It worked

beyond. So I better not listen to people and follow only my instincts.

Do you spend a lot of time on the Internet?

Yes. I spend a lot of time — no, time passes so quickly that nothing is ever a lot of time.

Do you ever shop online?

Not personally.... I don't do the Internet myself but everyone around me does it for me. And if I want to buy, I buy things from the Internet but it's not me personally. I don't give the number of my credit card and all those things.

What is your response, to people who say you do too many collaborations?

I couldn't care less. It depends if I know the people. If unknown people say this, they should send me a note and explain why. The limit is up to me to decide.

You're known for constantly moving forward and really capturing the now. But are there any moments from the past that you hold dear?

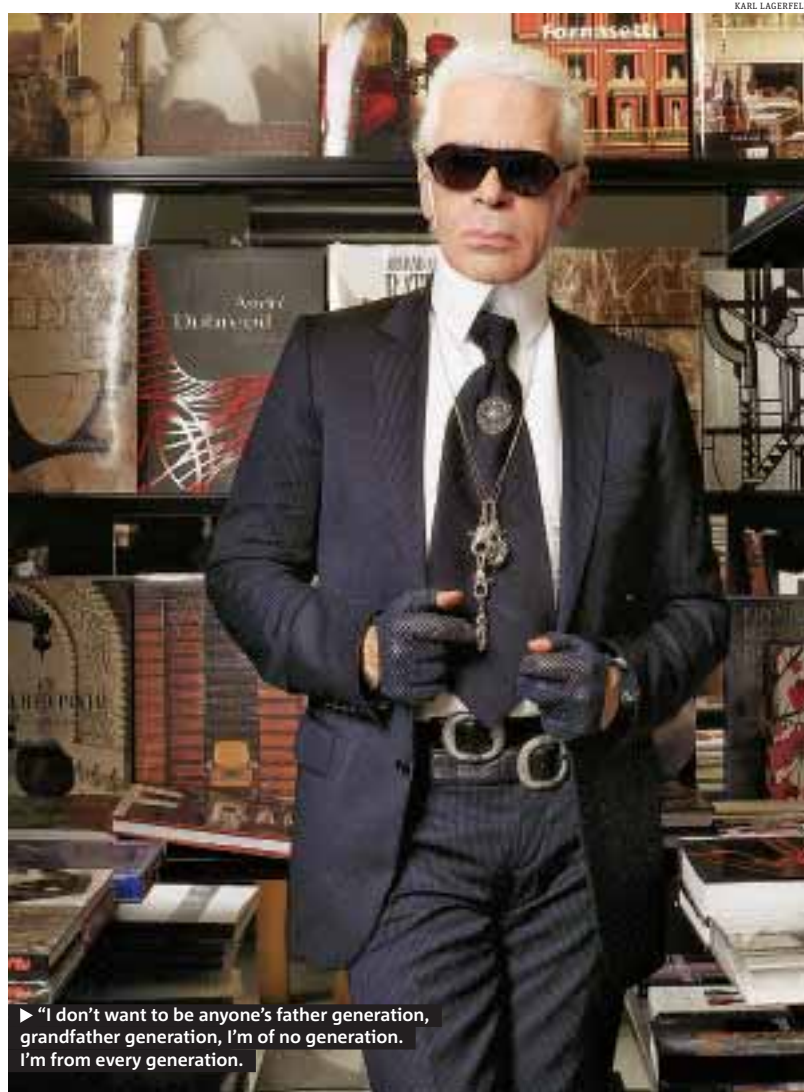
I'm not a vintage specialist. For nothing. Not for my life, not for my work, for nothing. I have no archives. Maybe the houses keep archives. I have nothing. I'm not interested in what I did. I'm just interested in what I'm doing, what can be inspired.

You've influenced many people. Who has influenced you?

You know, don't put influence into words. Influence has another name and that's called copying. It's in the air, I don't know. I'm like a TV antenna.

Do you watch a lot of TV?

I like to be on TV but I don't watch TV. I have no time for that.... When I'm at home alone, I hate voices. I like music or singing, but I hate voices and stories. It has the feeling that they enter my life. I love to be alone to read, to sketch with music, but I don't like ready-made images. I prefer to live on my imagination.



► "I don't want to be anyone's father generation, grandfather generation, I'm of no generation. I'm from every generation."

When was the last time you were in love?

I don't know. I like freedom.

Do you find relationships too constricting?

Relationships happen for everybody, it can never be a problem. But it's not really my main thing.

If you had a child or a pupil or someone who you had to pass down words to live by, what would you pass down?

That's why I don't have children, mmm? There's nothing to pass down because everybody has to invent his own thing. I don't believe very much in this because what I learned,

saw, and all that happened in other periods, and the world is different now.

I have a godson, who is small, three-and-a-half years old. Genius. He's got real personality and his parents have no authority. He loves clothes. He wants everything like me. He sleeps with his gloves and goes to school with black glasses on. It's so funny.

But I believe you have to find your own way. What I hate about children is that they put you in a generation mode. I don't want to be anyone's father generation, grandfather generation, I'm from every generation.

Have you ever had a pet?

Yes, but they die so I don't like them. The drama is I had two I really liked and after they died I don't want another one. That's too depressing.

Are you afraid of death?

I couldn't care less. [Percy Bysshe] Shelley said death may be a waking up from the dream of life.

But if you ask me, I think it's like a sleep where you don't wake up. You don't remember before, you don't remember after. The only thing is I don't want to be seen dead. So anyway, over, over. The battery is finished, huh, pfft.

Put down that diet pop

► **New study shows drinking diet drinks put you at greater risk of heart attack, stroke and disease**



CELIA MILNE
LIFE@METRONews.ca

Switching to diet pop? Be careful. A new study has found that drinking a diet soft drink every day can put you at increased risk of heart attack, stroke, heart failure and vascular death.

"It certainly wouldn't hurt to cut down, as you wouldn't be missing any important nutrients in your diet," Hannah Gardener, lead author of the paper and a scientist at the University of Miami, told Metro in a phone interview.

Gardener, along with colleagues from Miami and Columbia University in New York, analysed the eating and drinking habits of 2,564 people who had enrolled in the Northern Manhattan Study. Over the 10 years of the study, researchers found a 43 per cent higher risk for heart attack, stroke and vascular death in those who drank diet soda daily, compared to those who drank none. The study took into account confounding factors such as BMI, intake of fat and calories, and pre-existing illnesses.

Interestingly, people who occasionally drank diet pop or who drank regular sugary pop were not more likely to suffer from vascular events in this study.

Drinking pop

Why would drinking lots of diet pop be linked with heart problems? It's still a mystery.

► **Increased risk** Researchers in Miami found that drinking diet pop every day does seem to increase your risk of stroke, heart attack, heart failure and vascular events, but they didn't know why. They offered two possible reasons: One is that when you drink something artificially sweetened, it confuses your body, which then craves more calories. Another is that the caramel colouring in diet pop causes a slight chemical aging in the body.

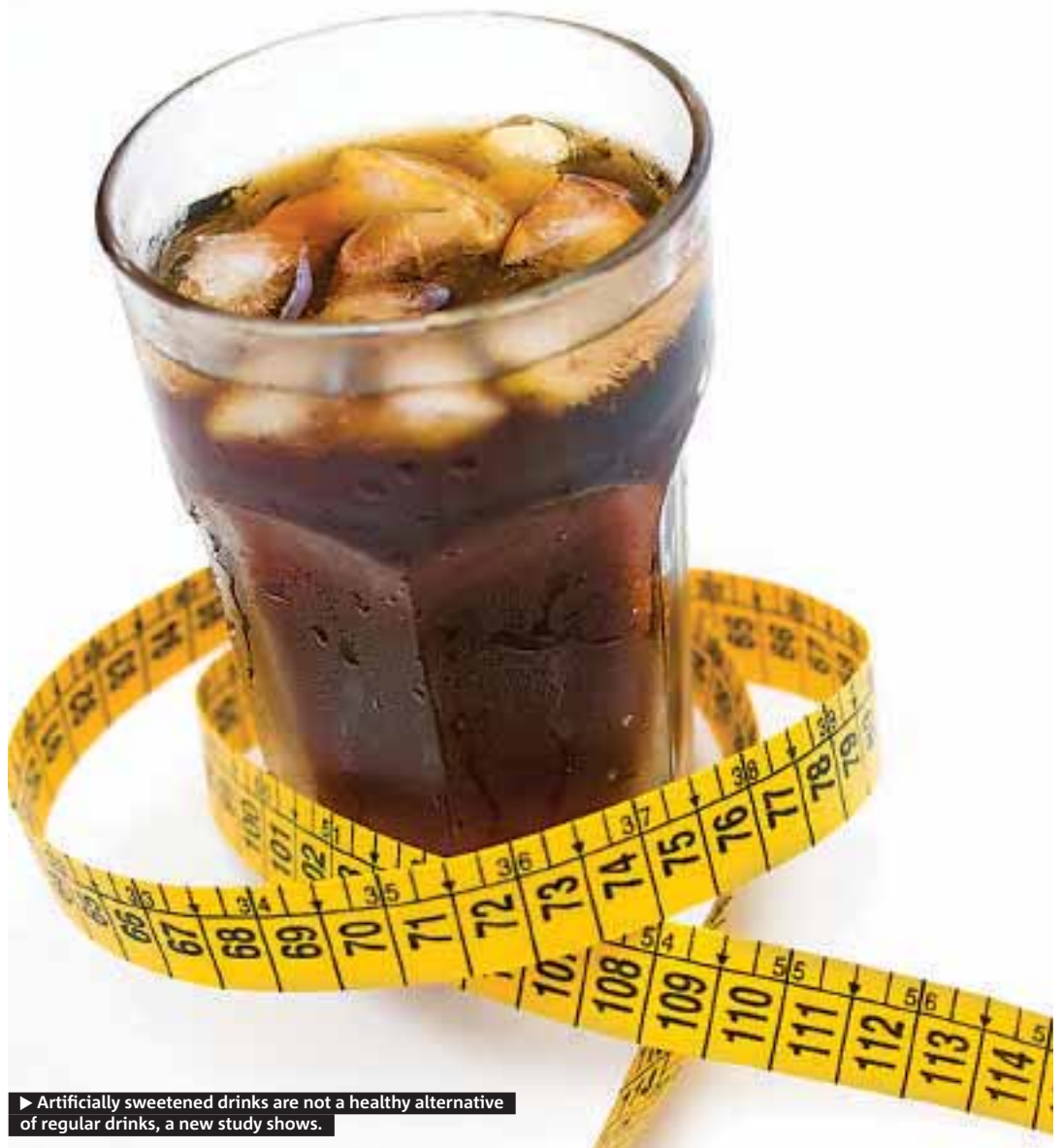
Gardener was cautious in her advice about diet pop.

"I don't think people need to stop drinking it," she says. "It's only one study. More research is needed."

But she did add there is no harm in cutting back.

The research appeared in the *Journal of General Internal Medicine*.

The bottom line? Keep in mind that artificially sweetened soft drinks might not be a healthier alternative to regular pop, as the long-term health effects remain unclear.



► **Artificially sweetened drinks are not a healthy alternative of regular drinks, a new study shows.**

Thoughts on ... Giving

MAKING CHANGE. One of the most important things you can do is to understand and implement the power of giving.

It is a vital part of your growth as a human being.

You have more to give than you even realize at this point.

You can give your time, information, talents, encouragement, ac-

knowledge, compliments, kindness, smiles, love or money.

Your gifts can be so meaningful in someone else's life, whether you are aware of their direct effects or not.

Take stock of your giving reserves and spread it around.

NATASHA DERN IS THE HOST OF THE BUDDHA LOUNGE RADIO SHOW.

Best Health Minute



BONNIE MUNDAY,
EDITOR-IN-CHIEF,
BEST HEALTH
MAGAZINE

Regrets: You have a few? Many of us did questionable things when we were younger. And it turns out that some of the health sins of our past are easily forgiven, while others have a longer-term impact. Here are some examples: **Having many sexual partners.** Even if you didn't

get a nasty STD, you might not have gotten away with it completely: The more sexual partners a woman has had, the higher her odds of getting HPV, which can lead to cervical cancer.

Smoking pot and cigarettes Marijuana smoke has 50 to 70 per cent more carcinogenic hydrocarbons than tobacco smoke, and high levels of an enzyme that converts smoke components into

their most cancer-causing forms. As for cigarettes, the list of diseases that smokers are at risk for is very long.

Getting frequent sunburns Who would have thought that the effects of this youthful mistake are the longest lasting? Nearly 80 per cent of lifetime sun damage occurs before the age of 18. The more sun exposure you had, the more likely you are to have wrinkles, freckles

and discolouration later in life. Worse, you have a higher risk of skin cancer in later decades and your risk of melanoma goes up by 75 per cent if you used tanning beds before you were 35.

Read the full article in Best Health's January/February issue, on newsstands now.

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Rediscover the delicious taste of genuine pizza

► Pazon's Pizza offers the cheesy, gooey favourite at an affordable price

LUNCH RUSH

PAUL MITCHELL

FOOD@METRONEWS.CA



I tend to eat a lot of pizza. From family Friday delivery to the office party, pizza is my crowd-pleasing go-to choice.

Tired of big-chain bland and skimpy varieties, I visit the recently renamed and independently owned Pazon's in Old North.

Offering a range of made-to-order pizzas, panzerottis (\$13.99 for 2 people) and wings (\$7.99 for 10), the small shop is



► Medium pizza (\$15.09)

plainly decorated but spotlessly clean.

I sit at one of the few tables and order a medium pizza (\$15.09 including drinks and dipping sauce).

My pie is put into the

oven before I know it.

And it's really good. The pizza is heaped with cheese and fresh high-quality ingredients: sliced bacon, hand-cut vegetables, and a bright, flavourful tomato sauce.

The crust is not greasy but crisp without being overdone.

I am definitely looking to Pazon's Pizza the next time I want a genuine and tasty pizza delivered at an affordable price.

Slow Cooker Muesli



Preparation:

1 Spray inside slow cooker with non-stick spray. In crock, combine rice, dried apples, wheat berries, oats and barley. Stir in water, maple syrup, vanilla, cinnamon and salt. Cover.

2 Cook on High setting for 2 1/2 hours or until grains tender. Add butter, stirring muesli and adjust texture by adding water if desired. Serve with yogurt and additional maple syrup. **THE CANADIAN PRESS/ RICE-INFO.COM/ ADAPTED BY EMILY RICHARDS**

Ingredients:

- 175 ml (3/4 cup) uncooked long grain brown rice
- 250 ml (1 cup) finely chopped dried apples
- 75 ml (1/3 cup) each wheat berries, steel cut oats and barley

- 1.5 l (6 cups) water
- 50 ml (1/4 cup) pure maple syrup
- 10 ml (2 tsp) vanilla extract
- 5 ml (1 tsp) cinnamon
- 2 ml (1/2 tsp) salt
- 15 ml (1 tbsp) butter
- Vanilla yogurt

SEND SOME LOVE

Declare your love to the world by sending a Valentine's Day message to someone special!

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► Take note guys. The chivalrous thing to do on transit would be to offer your seat to a woman.

CHIVALRY NOT DEAD YET, BUT IT'S UP TO PARENTS TO TEACH IT

Dear Charles
I think of the good old days when a man or boy offered his seat on the bus or subway to an older person or woman. I believe this was the correct thing to do. What do you think?
Signed,
I'm not an old spinster!

Dear I'm not an old spinster!

We think back to a time in history when the air was pure, people were safe and properly dressed, they had

CHARLES THE BUTLER



ASKCHARLES
THEBUTLER@
METRONWS.CA

FOR MORE, VISIT
CHARLES
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polite manners and conversations with each other, and life was wonderful.

Well, I don't want to burst anyone's "happy-

place bubble," but that time in history never really happened.

However, there was a time when chivalry was commonly practiced.

A man was always most respectful of women. I personally don't believe that chivalry is dead; I observe that when it is practiced, it is very much appreciated and welcomed.

So what's my point? I believe chivalry must be taught.

Parents who go out of

their way to teach their children these manners give them great social advantages, because nobody is ever criticized for being polite or a gentleman, but everyone is always criticized for their rudeness and lack of manners.

So gentlemen, on this Valentine's Day, remember your manners — it's always worth it!

HAVE A QUESTION? EMAIL CHARLES AT
ASKCHARLESTHEBUTLER@
METRONWS.CA.

WHAT TO DO WHEN A CHEATER GETS CHEATED ON

TWO SISTERS



ANDREA & CLAIRE
RELATIONSHIPS@METRONWS.CA

I recently found out that my long-term girlfriend had been cheating on me. Obviously I was upset, but I'm not sure what to do with that information, as I have been involved with another girl on the side for some time as well. Aside from the mutual infidelities, the relationship between us is great. What the heck do I do now?
Cheating cheater.

Andrea: Dear Cheated Cheater,

Is it cheating if you're open about it? Not really. If anything, I see the situation as being positive in a twisted way: you have more in common than you thought! If you don't like the idea of your girl acting just like you, then take a moment to re-evaluate your behaviour. What are you hoping to get out of

your relationship? I'll take a guess that it isn't commitment or even honesty.

It could be love, however. You may just have to define what that means to you, and for her. This whole situation is a wake up call for you to decide who you want to be, as a person and a lover. And yes, tell her.

Claire: Dear Cheated Cheater,

What on earth are you doing together? You sound like you're both using each other as human security blankets — there for each other when and if the games on the side don't work out.

No matter how Hollywood your relationship sounds, it's not cool.

You are not Marc and she is not J.Lo, nor are you Demi and Ashton. Tell her the truth. Maybe it will give you both a small chance of starting something healthy and strong.

If not, you can both save that energy you use sneaking around to build something healthy with someone else.

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Why keep up with the Joneses?

- Have your very good manners made you house poor?
- Stop trying to keep up appearances and get out of debt

FUN AND FRUGAL

LESLEY SCORGIE
MONEY@METRONEWS.CA



According to a survey released last week by ComFree, 40 per cent of Canadians are very hesitant to talk about their personal financial situation because it isn't 'polite,' especially when it comes to home ownership.

The majority stated that

they'd prefer to maintain their current outward perception of net worth. Sadly, keeping up with the Joneses is one of the major reasons Canadians wind up house poor.

Home poverty is when after paying a mortgage and household bills, there's little money left over for other things like groceries, RRSP contributions, home maintenance, car repairs and vacations.

To get out of it, home owners must increase their cash flow by cutting back spending.

If you're running a negative bank balance for more

"Politeness and maintaining a perception of wealth have no place in healthy personal finances."

than three months because of your home, you're in financial trouble and must make major cash-flow adjustments.

March over to the bank immediately and consolidate your loans and credit cards to take advantage of a low interest rates and more affordable monthly repayment options. Cancel unnecessary monthly expenses like club or gym memberships, dinners out, souped-up cellphone and cable packages, iTunes downloads and nail/hair ap-



► Home owners often have to increase their cash flow by cutting back on spending.

pointments.

If you're guilty of splurging on your kids, stop and explain to them that you need to save money. Get a roommate and lease out your parking stall. If you've got two vehicles, sell one and share the other with your partner, or get rid of your car permanently.

If you can't get out of the red, you may need to sell your home, buy a smaller

more affordable one, or rent for a while.

The top three ways to save major money when selling a home are to price it correctly, negotiate to maximize the home's value and consider selling through a commission-free listing service like ComFree. And the top three ways to save major money when buying a home are to recognize a good deal, buy

within your means, and use a mortgage broker to get a rock-bottom interest rate.

Politeness and maintaining a perception of wealth have no place in healthy personal finances. By talking about our finances and getting advice from qualified professionals, Canadians can be more realistic about building their net worth, which includes affordable home ownership.

Don't blame service on the employees

- New book says top executives often to blame for shoddy customer service
- 'It's the fault of people who designed the management system': Expert

BRUCE WALSH
LIFE@METRONEWS.CA
METRO WORLD NEWS PHILADELPHIA

Authors Frances Frei and Anne Morriss admit their message is largely intended for the "C-suite" — those invisible stuffed shirts, constantly implementing policies that make it harder to do your job. But their latest book, *Uncommon Service: How to Win by Putting Customers at the Core of Your Business*, still holds plenty of wisdom for the little guy.

As operations management specialists, Frei and Morriss have devoted five years to analyzing bad customer service. And they're here to deliver the good

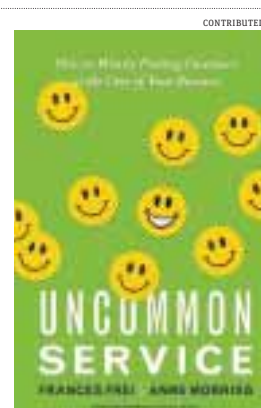
Out of order

There's no simple recipe for great customer service.

"Service isn't always about trying harder. We found that the psychic barriers are harder to get over than the operational or financial barriers," explains Anne Morriss. "It's hard when you're a type-A manager to make peace with the idea that you're not going to be great at everything."

news: It's not your fault, employees!

"We might blame employees because we've had bad interactions with them,



but, as far as we've observed, it's essentially never the employee's fault. It's the fault of the people who designed the management

system," says Frei, who also serves as the chair of the MBA program at Harvard.

"Too often companies desire to do everything well, and they create a kind of exhausted mediocrity. Employees can't do everything well: when you optimize a system to be both best in class at speed and best at thoroughness, you're going to wind up being average at both."

The expert pair admits this is tough medicine for most executives. But they preach a natural yin and yang of service: in order to excel in the area that's most important to your customers, you might have to be not so good in less important areas.

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▶ Sidney Crosby

Pair of Pens return to practice

The Pittsburgh Penguins got a boost at practice Monday with both Sidney Crosby and Jordal Staal taking drills on the ice.

Neither is ready to return to game action, but their presence allowed the Penguins to imagine having a healthy lineup.

"It was good to be out there," said Crosby. "This week's been pretty good."

"I feel like I'm getting there. I don't know the timeframe. I wish I did."

THE CANADIAN PRESS

Contador found guilty of doping

Alberto Contador was stripped of his 2010 Tour de France title Monday and banned for two years after being found guilty of doping. The Court of Arbitration for Sport rejected Contador's claim that his positive test for clenbuterol was caused by eating contaminated meat. The 29-year-old, who also won the Tour in 2007 and '09, tested positive during a Tour rest day in July 2010.

THE ASSOCIATED PRESS

Talented Oilers can't knock Leafs off track

▶ Toronto snipers provide enough punch against young Edmonton squad



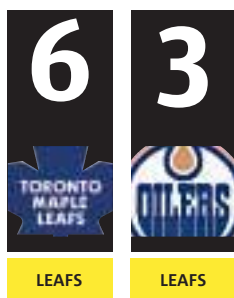
▶ Mikhail Grabovski flies over Edmonton's Devan Dubnyk with Ryan Whitney in pursuit in Toronto on Monday night.

Mikhail Grabovski continued his hot streak and took the Toronto Maple Leafs along with him.

The centre pulled his team out of an early hole by assisting on the first two goals Monday and the Maple Leafs went on to beat the Edmonton Oilers 6-3.

Toronto has climbed back into playoff position in the Eastern Conference by going 5-0-1 in its last six games. Grabovski is leading the charge with 12 points over that stretch.

Phil Kessel, with two, Clarke MacArthur, Jake



Gardiner, Tyler Bozak and Joffrey Lupul had goals for the Maple Leafs (28-19-6). Kessel also had an assist as

he passed the 300-point plateau.

Jordan Eberle, with two, and Jeff Petry replied for Edmonton (21-27-5), which lost in regulation for the first time since Jan. 21.

The Oilers were forced to play without coach Tom Renney, who stayed back at the team hotel after taking a puck in the head during the morning skate. The cut required stitches and left Renney experiencing headaches. Associate coach Ralph Krueger took over in his absence.

James Reimer entered

the game with a long shutout streak after blanking Toronto's last two opponents, but saw it end quickly. Eberle collected a puck in front that Leafs defenceman Dion Phaneuf was unable to clear and beat Reimer just 21 seconds in.

Fomer London Knight Sam Gagner picked up the second assist on that play, giving him 12 points in three games dating back to his eight-point night against Chicago on Thursday.

THE CANADIAN PRESS

Giants return home champions

Smiles were the order of the day, as the Super Bowl-champion New York Giants returned home, victorious once again.

The team's plane from Indianapolis touched down Monday afternoon at Newark Liberty International Airport in New Jersey.

Several players saluted the crowd as they departed the aircraft, and some used cameras and video recorders to capture the

4th

Sunday's win over the Patriots was the Giants' fourth Super Bowl win. They now trail only Pittsburgh with six titles, and San Francisco and Dallas with five.

moment. Coach Tom Coughlin also had a big smile as he waved to the

crowd. Earlier in the day, the 65-year-old said he sees no reason to retire now.

"I mean, it's what I do," Coughlin said just hours after New York beat the New England Patriots 21-17 in the Super Bowl. "So the alternative I've never really given it a whole lot of consideration. (Just coach) as long as I can."

Once on the ground, the players, coaches and team officials were greeted by several hundred airport

employees and a Port Authority bagpipe band. Crews also fired water cannons to salute the team while the plane taxied to a hangar.

The players then took buses to the team's headquarters in East Rutherford, where thousands of fans lined the gates waiting to catch a glimpse of the champions.

The Giants' parade is on Tuesday.

THE ASSOCIATED PRESS

4

sports

Quoted



"You can't point fingers at anybody.... You win it and lose it as a team. And we lost to a good football team."

NEW ENGLAND DEFENSIVE BACK JAMES IHEDIGBO. THE PATRIOTS SAY THERE'S NO FINGER-POINTING AFTER THEIR SUPER BOWL LOSS, EVEN IF SUPERMODEL GISELE BUNDCHEN, PICTURED WITH TOM BRADY, WON'T ABIDE BY THAT CODE. THE WIFE OF THE PATRIOTS' QUARTERBACK WAS CAUGHT COMPLAINTING THAT DROPPED PASSES DOOMED THE TEAM ON SUNDAY. WES WELKER, AARON HERNANDEZ AND DEION BRANCH ALL HAD TROUBLE MAKING CATCHES.

"My husband cannot (expletive) throw the ball and catch the ball at the same time."

BUNDCHEN RESPONDING TO A PRO-GIANTS HECKLER IN VIDEO CAUGHT BY THEINSIDER.COM AFTER THE SUPER BOWL.



▶ Giants receiver Victor Cruz arrives in Newark, N.J. with teammates Monday.

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Education



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Les cours d'anglais **CLIC** et **CLMA** sont offerts aux résidents permanents et financés par Citoyenneté et Immigration Canada. Ces programmes gratuits d'anglais langue seconde sont proposés aux adultes de 18 ans et plus avec la possibilité d'aide financière pour les frais de garde d'enfants et de transport.

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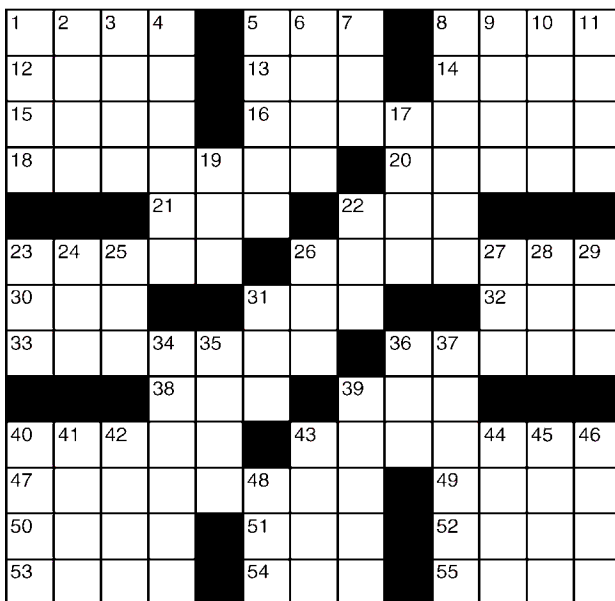
Crossword

Across

1 Improvise musically
5 Ram's mate
8 "Dracula" author
12 Eastern potentate
13 Parcel of land
14 Continental money
15 Puerto —
16 Limbs
18 1980s TV exec Tar-tikoff
20 Gumbo ingredi-
21 AAA assignment
22 Expert
23 Station
26 Star of 1996 "Ham-
let"
30 Exist
31 Week component
32 Ruby or Sandra
33 Missouri tourist
36 Born earlier
38 Charged bit
39 "Hail!"
40 Beachgoer's mat
43 Bygone U.S. airline
47 Boston-area uni-
49 Spoken
50 Denomination
51 Commotion
52 Take the bus
53 Jab
54 Sawbuck
55 Being (Lat.)

Down

1 Predicate part
2 Eastern bigwig
(Var.)
3 Isinglass



4 Quickly
5 Arm joint
6 Sported
7 Greek H
8 Summon with a
gesture
9 German industrial
district
10 Neighborhood
11 Rolling stone's lack
17 Mrs. Nick Charles
19 Speck
22 Snoot
23 Apply lightly
24 Blunder
25 — shooter
26 Proscription

27 Do sums
28 "Gosh!"
29 That woman
31 Rickles or Knotts
34 Nothing (Ital.)
35 Auctioneer's call
36 Eggs
37 Maiden in "The
Raven"
39 Pyromaniac's
crime
40 Recipe meas.
41 Sandwich cookie
42 Lousy (Sl.)
43 Wait a while
44 Eye part
45 Crazes

46 Run away
48 Chow down

► Monday's answer



Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Monday's answer ►



Send a KISS

You can now post your kiss, and read even more kisses, at metronews.ca/kiss.

LBJ,
Wanted to wish you a Very Happy Birthday this week baby. I love you so much and can't wait to spend the rest of our lives together. Going to find you a really sexy present too. xoxox
YOURGIRL

My Pumpkin,
I love you and really want you to stay. Without you is not an option. In all my past I have never felt so comfortable. I W
FROM YOUR BABY

French Pamplemousse
needs her Irish boyfriend. No matter the distance between us, you're the only one I want. I love you and I can't imagine being with anyone else. I miss you, come back soon...
FROM YOUR FRENCH PAMPLEMOUSSE

Today's horoscope

♈ Aries March 21-April 20

You won't take kindly to someone who tries to meddle in your personal affairs.

♉ Taurus April 21-May 21

In a matter of days you will be riding the crest of a wave again — and this time you won't fall off.

♊ Gemini May 22-June 21

You need a bit more preparation in order to achieve what you want to accomplish.

♋ **Cancer June 22-July 22** You know what it is you need to be doing and all that should concern you now is making a start.

♌ Leo July 23-Aug. 23

Enjoy yourself but don't be reckless.

♍ Virgo Aug. 24-Sept. 22

You may have to take on new responsibilities today. You may also have to work at something you do not particularly enjoy.

♎ Libra Sept. 23-Oct. 23

The tougher the task the more you will like it: in fact you will seek out challenges that put you to the test.

♏ Scorpio Oct. 24-Nov. 22

Don't let others pressure you into accepting something unless you are 100 per cent sure it is the right thing for you.

♐ Sagittarius Nov. 23-Dec. 21

Some people seem to delight in taking the opposite view to everything you say. That's their right, of

For today's crossword answers and for expanded horoscopes, go to metronews.ca course, but it's your right to ignore them.

♑ **Capricorn Dec. 22-Jan. 20** Anyone who dares oppose you will be dealt with swiftly and harshly.

♒ Aquarius Jan. 21-Feb. 18

You may be on the go from morning to night but where is all this activity getting you? Nowhere fast by the look of things. Slow down today and focus on the one or two issues that really matter.

♓ Pisces Feb. 19-March 20

Money matters will be high on your agenda today and if you follow your instincts you may come into some cash.

© SALLY BROMPTON

Caption contest



"Things got a little outta hand at Goldilocks wedding"
Sheena



You write it!

WIN! Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in Tuesday's Metro.

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3L



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30 Gallons



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Liquid Laundry Detergent
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22Lbs



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Natural Sparkling Water
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